



Caribbean Crewfest

CHRISTOPHE HARBOUR
ST. KITTS

✕ **TREASURE ISLAND**
HIDDEN GEMS 2019

16th - 19th January 2019



CHRISTOPHE HARBOUR
ST. KITTS

ACREW



Welcome to Caribbean Crewfest

Christophe Harbour and ACREW will host the 4th edition of its immensely popular "Caribbean Crewfest" from the 16th-19th January 2019. 20 superyachts are invited to visit Christophe Harbour for four days of workshops, educational sessions onboard and social activities. This year, the theme of "Discovering the hidden gems of St. Kitts, Nevis and Christophe Harbour" allows crew to enjoy excursions and sporting events on the island and wind down after a busy festive period.

How do Onboard Sessions work?

Onboard sessions offers you the opportunity to learn onboard with the whole or part of the team in a private atmosphere. We have 2 Onboard sessions available so please book them now on www.acrew.com or request a session with izzy@acrew.com. The timings of the sessions can be flexible.

How does the Registration for the activities work?

Registrations are necessary for the activities during the Caribbean Crewfest so we know what numbers to expect. At ACREW we are completely GDPR compliant and we look after your data carefully. This means we will never share your personal data without your approval. You will however appreciate that our partners would like to follow up with you after this workshop. They can only do that with your written consent. If you would like them to, please tick or sign the consent box online or on the attendee form. If you don't have an account yet, create one here:

www.acrew.com/register

or simply log in to your existing account and register for the workshops/excursions that you want to attend.

EVENT SCHEDULE

DAY 1 - WEDNESDAY 16th JANUARY

- 17:00 - 18:00 Captains Briefing
- 18:30 - 21:00 Welcome Cocktail
Partner: [Christophe Harbour & St. Kitts Tourism](#)

DAY 2 - THURSDAY 17th JANUARY

- 09:00 - 10:30 **Workshop:** Team Roles and Leadership
Partner: [Crew-Glue](#)
- 09:00 - 10:30 **Workshop:** Connectivity Trends & Challenges – 3 Ways To Improve Guest Experience And Superyacht Operations
Partner: [KVH](#)
- 09:00 - 10:30 **Sport Activity:** Morning Fitness
Partner: [David Walywn & F.I.T Wellness Center](#)
- 09:00 - 10:30 **Sport Activity:** Mountain Biking (repeated at 13:30)
Partner: [Christophe Harbour](#)
- 09:00 - 12:30 **Excursion:** Exploring Local Produce at the Coconut Farm (repeated at 13:30)
Partner: [Coconut Farm](#)
- 10:00 - 11:30 **Workshop:** The Secrets of a Sushi Chef (repeated at 15:00)
Partner: [Christophe Harbour](#)
- 11:00 - 12:30 **Workshop:** Everything to know about Ropes, Knots and Splicing
Partner: [FKG](#)
- 11:00 - 16:30 **Sport Activity:** 9-Holes of Golf at the 4 Seasons
Partner: [Four Seasons](#)

EVENT SCHEDULE

- 11:00 - 16:30 **Excursion:** Nevis Tour
Partner: [Nevis Tourism](#)
- 11:00 - 16:30 **Excursion:** St.Kitts Tour
Partner: [St.Kitts Tourism](#)
- 12:30 - 13:30 **Crew Break**
- 13:30 - 15:00 **Workshop:** Understanding Stabilization ~ Tips & Tricks to Combat Seasickness
Partner: [Quantum Marine Stabilizers](#)
- 13:30 - 15:00 **Workshop:** Pets Onboard!
Partner: [B.A.R.C](#)
- 13:30 - 15:00 **Sport Activity:** Mountain Biking
Partner: [Christophe Harbour](#)
- 13:30 - 15:30 **Sport Activity:** Crossfit on Nevis
Partner: [David Walywn & F.I.T Wellness Center](#)
- 13:30 - 16:30 **Excursion:** Exploring Local Produce at the Coconut Farm
Partner: [Coconut Farm](#)
- 14:00 - 15:30 **Onboard Session:** Clear Communication is Key
Partner: [Crew-Glue](#)
- 14:30 - 16:00 **Onboard Session:** Does your Uniform need an Update?
Partner: [Liquid Yacht Wear](#)
- 15:00 - 16:30 **Workshop:** The Secrets of a Sushi Chef
Partner: [Christophe Harbour](#)
- 18:00 **Evening Programme:** Explore St. Kitts with the recommendations of Christophe Harbour's Concierge Service
Partner: [Christophe Harbour](#)

EVENT SCHEDULE

DAY 3 - FRIDAY 18th JANUARY

- 09:00 - 10:30 **Workshop: Financial Well-Being**
Partner: [United Advisers Marine](#)
- 09:00 - 10:30 **Workshop: A Workshop for Crew,**
Designed from a Crew's Perspective
Partner: [Christophe Harbour](#)
- 09:00 - 10:30 **Sport Activity: Morning Yoga**
Partner: [Yoga Divine](#)
- 09:30 - 11:00 **Onboard Session: Clear Communication is Key**
Partner: [Crew-Glue](#)
- 09:30 - 11:00 **Onboard Session: Does your Uniform need an Update?**
Partner: [Liquid Yacht Wear](#)
- 11:00 - 12:30 **Roundtable: New Builds**
Partner: [Lürssen](#)
- 12:30 - 14:00 **Crew Lunch**
Partner: [Christophe Harbour](#)
- 14:00 - 14:30 **Pre-Game Team Talk & HAKA!**
Partner: [Crew-Glue](#)
- 14:30 - 17:00 **Crewfest Games**
Partner: [Lürssen](#)
- 19:00 - late **Glow on the Beach - Crew Party**
Partner: [ISS GMT](#)

Arriving at Caribbean Crewfest

17:00 - 18:00 WEDNESDAY 16th JANUARY

CAPTAINS BRIEFING

Welcome to the Caribbean Crewfest 2019! Meet the ACREW team for a rundown of the activities over the following days. An opportunity to network with the captains from the surrounding superyachts over our signature cocktail at the customs house.

18:30 - 21:00 WEDNESDAY 16th JANUARY

WELCOME COCKTAIL

Partner: [St. Kitts Tourism](#)



All crew, welcome to St. Kitts! Meet the crew you will be mingling with over the next few days, in a friendly and relaxed environment. Join the ACREW team, workshop facilitators and the Christophe Harbour staff for an Caribbean cocktail and submit your choice for the next day's activities. Carib and Brinley Gold Shipwreck Rum welcome you on the island with the famous Carib and the delicious and exotic rums from the island. St. Kitts Tourism are providing entertainment and local dancing acts.



WORKSHOPS

09:00 - 10:30 THURSDAY 17TH JANUARY

TEAM ROLES AND LEADERSHIP



Facilitator: Sara Ballinger

Partner: Crew-Glue

What makes a great leader? What's makes a great team? It can be difficult for crew members to live and work together as a happy unit because of cultural differences and workload. In this workshop, Crew-Glue will teach you life lessons, helping you to become the team player you want your colleagues to be. In this inspirational session you will work in a highly interactive and insightful environment and carry out team-building activities. Understand the different personalities that make up a team and learn more about the role you naturally play onboard. Arrive alone - leave as a team.

09:00 - 10:30 THURSDAY 17TH JANUARY

CONNECTIVITY TRENDS & CHALLENGES – 3 WAYS TO IMPROVE GUEST EXPERIENCE AND SUPERYACHT OPERATIONS



Facilitator: Darryl Matfin

Partner: KVH

Expectations of communications and connectivity are ever changing. New developments such as the Internet of Things, an increased demand for more data onboard, and the need to safeguard against cyber security threats, make it a very topical. This informative workshop for Captains, Engineers, First Officers, and ETOs will cover connectivity trends and the challenges impacting today's communications onboard. Discuss the three ways to leverage connectivity to improve guest experience and general superyacht operations by:

- Understanding data consumption
- Guarding against cyber threats
- Managing all the devices onboard

There will also be an opportunity to ask our experts any questions you may have.

WORKSHOPS

10:00 - 11:30 THURSDAY 17TH JANUARY

OR

15:00 - 16:30 THURSDAY 17TH JANUARY

THE SECRETS OF A SUSHI CHEF



Facilitator: Agustika, I Ketut

Partner: Christophe Harbour

From exacting the angle of the knife, to picking the right fresh fish, to perfecting your rice recipe, there is a lot happening behind that delicious Californian Roll. Sushi night has become one of the most popular onboard themes and an almost must on-charter. Learn all there is to know about the process from Agustika I Ketut, the executive sous chef of Christophe Harbour.

11:00 - 12:30 THURSDAY 17TH JANUARY

EVERYTHING TO KNOW ABOUT ROPES, KNOTS AND SPLICING



Facilitator: Wouter Roos

Partner: FKG

This workshop will provide an overview of different types of lines & rope and when to use them: we will examine the different materials and try to explain how this affects the strength, abrasions resistance and ease of use.

In a practical session, you will get the opportunity to explore the dark-art of splicing, the various methods used for ropes with high modulus fibre cores and the tools needed to fulfil the task at hand. We will also practice those 'knots' you need to know followed by a Q&A session at the end of the workshop.

WORKSHOPS

13:30 - 15:00 THURSDAY 17TH JANUARY

UNDERSTANDING STABILIZATION ~ TIPS & TRICKS TO COMBAT SEASICKNESS

Facilitators: Gwen Benoit & Katie Ross

Partner: Quantum Marine Stabilizers



Tired of seasickness keeping you tied to the dock with agitated guests, frustrated owners and crew members desperately trying to hang on? This seminar will help you gain a better understanding of wave patterns and stabilization in order to optimize the guest/owner/crew experience. Discover the science of why rolling motions and seasickness are best friends. Find out why a boat rolls more in some conditions than in others. Take action at the helm to avoid the dreaded "mal de mer." This interactive workshop will break down the complicated topic of ship roll response to a few simple practical elements and help you look like a hero to the guests, owners and your fellow crew members.

Gwen Benoit, Naval Architect at Quantum Marine Stabilizers will cover:

- Identify the main causes of motion sickness and related discomfort onboard a ship
- Identify the three main types of ship roll response, and which response scenarios are most likely to cause seasickness
- Assess changes to ship operations that can reduce ship roll motion

13:30 - 15:00 THURSDAY 17TH JANUARY

PETS ONBOARD!

Facilitator: Andrea Peda

Partner: B.A.R.C.

B.A.R.C.

Have you ever had a pet onboard? As a crew member, it could be your responsibility to care for a guests' animal. Caring for someone else's pride and joy, and knowing how to handle different species correctly can be challenging. Join the experts from BARC Animal Care for the ultimate guide on animal care at sea.

Gain an insight into preventative measures and the proper nutrition required for a healthy animal - which to your guests surprise, is not human food prepared by a Michelin Star Chef. Learn about disease and illness treatments you can carry out from a yacht, and the key to helping an animal adapt to life onboard.

WORKSHOPS

09:00 - 10:30 FRIDAY 18TH JANUARY

FINANCIAL WELL-BEING

Facilitators: Oliver Maher & Elliot Krauze

Partner: United Advisers Marine



"If you make a good income each year and spend it all, you are not getting wealthier. You are just living high." ~ Thomas J. Stanley and William D. Danko, The Millionaire Next Door. Focusing on financial well-being lets you find your own path to financial security. In this workshop the focus is on you, your financial needs and the actions you can take during your yachting career.

Secure your future lifestyle.

Everyone has a different attitude towards saving (and spending). This workshop helps you understand what is possible based on your priorities and preferences. Find out how your personality type impacts your attitude towards risk, saving and expenses. Also understand your financial well-being with our quick health check that audits your financial position and planning. This workshop also has an end of season focus on your tips and how you can best manage them.

09:00 - 10:30 FRIDAY 18TH JANUARY

A WORKSHOP FOR CREW, DESIGNED FROM A CREW'S PERSPECTIVE

Facilitators: Aeneas Hollins & Melanie Bennett

Partner: Christophe Harbour



Arriving at a new destination can be exciting and challenging at the same time. What can you do, what's to explore and how can you connect with the local culture?

The team of Christophe Harbour are here to help with a unique session focusing on what matters to crew when arriving in St. Kitts. Get to know what adventures lie ahead and learn all about the exciting crew amenities, services and crew activities that the marina and island have to offer.

Share thoughts on what you think other islands do well and learn about the importance of community work and how giving back can be so rewarding here on the island. Aeneas and Melanie are also sharing their experiences on the islands life-style, integration and some key insights on how to become a resident or citizen.

WORKSHOPS

11:00 - 12:30 FRIDAY 18TH JANUARY

ROUNDTABLE: NEW BUILDS

Facilitator: Timothy Hamilton

Partner: Lürssen

LÜRSSEN

We welcome all crew to join the professionals from Lürssen for a special round-table discussion on new builds. Many seasoned crew want to be a part of a new build at some point of their career but are unaware of how to join a build and the part they can play. All departments have a role in the planning and managing of a build, which can be a rewarding experience. Crew input helps shipyards improve the usability for guests, crew and operational requirements for crew. The good shipyards are always learning, leaning on the experience crew have built from operating different vessels for various guests in different environments. Learn how each department has a different opportunity to contribute, and how shipyards value the advice, despite not always being able to follow it.

FINANCIAL CREW CONSULTATION

- Ask any questions you have regarding your personal finances to an industry expert
- Get in control of your finances for your career in yachting and beyond
- Leave with a complementary documented financial plan in place
- Ask any questions you have about Standard Bank accounts and international banking



GLOW ON THE BEACH

CREW PARTY

19:00 - LATE | FRIDAY 18TH JANUARY

📍 CREW AMENITIES & SALT PLAGE

Barefoot on the beach! Leave your shoes by the door, and party with us on the shore. Bring your whole crew to finish off a fabulous few days by dancing the night away at. ISS GMT and ACREW will be providing Glowsticks and Glow in the Dark paint to the yachts to lighten up the night. Feel free to wear something shiny and have your picture taken with the whole crew to remember 3 amazing days in St Kitts.

SPONSORED BY:

FEATURING:





2017 Winners: M/Y Kamalaya



2018 Winners: M/Y Coral Ocean



2019 Winners: Your yacht?

12:30 - 14:00 FRIDAY 18TH JANUARY

LUNCH

Partner: [Christophe Harbour](#)



We're serving lunch! Come down to the marina for a healthy crew lunch and power-up before the big Crewfest Games!

14:00 - 14:30 FRIDAY 18TH JANUARY

PRE-GAME TEAM TALK & HAKA!

Facilitator: [Sara Ballinger](#)

Partner: [Crew-Glue](#)



The Crewfest Games have arrived! Enjoy a team-talk by Crew-Glue to solidify your teams bond and get fired up for the fun. Perform a creative rendition of the infamous Haka dance to represent your yachts' strength and determination to be crowned the 2019 champions of the Crewfest Games!

Crewfest Games

The competition's on! Represent your yacht and battle it out against others in a series of physical challenges. Overcome obstacles, race paddleboards, climb over water inflatables, and run and swim your way to victory and conquer the 2019 Crewfest Games cup.

➡ 14:30 - 17:00 FRIDAY 18TH JANUARY ➡

LÜRSSEN



ONBOARD SESSIONS

Have the trainers come onboard and enjoy a learning session in a private atmosphere only amongst your own colleagues! Simply book one of the onboard sessions via www.acrew.com.

Onboard sessions offers you the opportunity to learn onboard with the whole or part of the team in a private atmosphere. We have 2 Onboard sessions available so please book them now on www.acrew.com or request a session with izzy@acrew.com. The timings of the sessions can be flexible.

14:00 - 15:30 THURSDAY 17TH JANUARY

OR

09:30 - 11:00 FRIDAY 18TH JANUARY

CLEAR COMMUNICATION IS KEY

Facilitator: Sara Ballinger

Partner: Crew-Glue

CREW-GLUE
stronger together

Distant communication is more common than ever before. Through the use of radios onboard, and living in an era where we text more and talk less, it can be very easy for miscommunication to occur. Request an onboard session to learn how to avoid conflict created due to unclear or non-effective communication.

For your crew, it can be difficult to deliver clear and concise messages to one another when they are not face-to-face. Enjoy a fun and interactive session hosted by Crew-Glue onboard your superyacht.

"The boat is the vessel, the crew are it's heart. Make sure your heart is healthy."

14:30 - 16:00 THURSDAY 17TH JANUARY

OR

09:30 - 11:00 FRIDAY 18TH JANUARY

DOES YOUR UNIFORM NEED AN UPDATE?

Facilitator: Maris Irwin

Partner: Liquid Yacht Wear

LIQUID
YACHT WEAR

Book a personal Onboard Session with Liquid Yacht Wear to find out how you can revamp your crew uniform. This session will provide your yacht with what's in trend and will make sure your uniforms represent the brand of your yacht. It also gives you the chance to learn about the latest materials to save you time in the laundry room while looking smart above deck.



SPORT ACTIVITIES

09:00 - 10:30 THURSDAY 17TH JANUARY

MORNING FITNESS

Facilitator: David Walywn

Partner: F.I.T. Wellness Center



Anything that gets your blood racing is probably worth doing. Join us for an early morning fitness session to start your day right, and put your new year resolutions into play! Don't forget to bring water and a towel, and the pickup point is at the customs house.



MOUNTAIN BIKING

Facilitator: Barnaby Jones

Partner: Christophe Harbour



Have you witnessed the hidden gems of St. Kitts? Join us on a mountain bike mission to discover the unknown trails around Christophe Harbour whilst getting your heart racing and your adrenaline levels flying. Suitable for any skill or fitness level and takes approximately 1,5 hours.

SPORT ACTIVITIES

11:00 - 16:30 THURSDAY 17TH JANUARY

9-HOLES OF GOLF AT THE FOUR SEASONS ON NEVIS

Partner: Four Seasons



The most important shot in golf is the next one. Take your next at one the lushest landscapes on the island, the Four Seasons hotel. The course is surrounded by tropical trees inhabited by monkeys and the hotel boasts fabulous facilities for you to enjoy the nineteenth hole in style.

Don't forget to ask the ACREW team about the rental fees involved. The \$130 US rental fee includes Taylor-Made clubs (new), shoes and a sleeve of balls. Payment can be made at the Christophe Harbour Concierge Services.

13:30 - 15:30 THURSDAY 17TH JANUARY

CROSSFIT ON NEVIS

Facilitator: David Walywn

Partner: F.I.T. Wellness Center



Good things come to those who sweat. Join us for an afternoon fitness session and keep your body fit and able through a high-intensity interval training. The FIT crossfit session is being organised on Nevis so don't forget to be on time for the water taxi - the swim is a bit of a pre-workout.

09:00 - 10:30 FRIDAY 18TH JANUARY

MORNING YOGA

Facilitator: Cara Diskin

Partner: Yoga Divine

YOGA DIVINE

Join us for a morning yoga session and keep your body fit in training for the 2019 Crewfest Games!

ISLAND EXCURSIONS

09:00 - 12:30 THURSDAY 17TH JANUARY

OR

13:30 - 16:30 THURSDAY 17TH JANUARY

EXPLORING LOCAL PRODUCE AT THE COCONUT FARM

COCONUT FARM

Partner: [Coconut Farm](#)

Coconut oil has become the go-to natural health product in recent years. What do the people of the Caribbean use coconut for? More like; what don't they use it for! Explore an authentic Coconut farm on the tropical island of St. Kitts and watch the farming process in action, from plantation to final product. The Coconut is also pleasantly placed in the midst of hundreds of coconut trees adjacent to their farm. Fresh local fruit and vegetables, fresh eggs from their free range chickens and a short walk to one of St. Kitts most beautiful beaches.

11:00 - 16:30 THURSDAY 17TH JANUARY

ST. KITTS TOUR

Partner: [St. Kitts Tourism](#)



Tour the Island with local tour guides, visit some of the key attractions and learn about the history of St. Kitts.

11:00 - 16:30 THURSDAY 17TH JANUARY

NEVIS TOUR

Partner: [Nevis Tourism](#)



On arrival to Nevis, the crew will be met and taken on a short tour of Nevis. Highlights of the tour will include a visit to Pinney's Beach, home of Sunshines and the Killer Bee cocktail, a brief stop at the birthplace of Alexander Hamilton, drive through charming Charlestown, capital city of Nevis, a stop at Bath Hotel and thermal springs. The remainder of the tour will include a drive around the island of Nevis before heading back to Four Seasons for transfer back to St. Kitts.

EVENING PROGRAMME

18:00 THURSDAY 17TH JANUARY

EXPLORE ST. KITTS WITH THE RECOMMENDATIONS OF CHRISTOPHE HARBOUR CONCIERGE SERVICE



Partner: [Christophe Harbour](#)

Are you looking to explore more of this beautiful island, on your own, with your crew or your loved one? The Christophe Harbour Team will have their top-tips ready for your arrival.

Might it be a night out with friends, enjoying an authentic Caribbean restaurant or kicking back at the crew amenities at the Marina. There's plenty of treasures to find here on the island during your stay.



BUSINESS DIRECTORY



CONTACT: Aeneas Hollins - aeneas_hollins@christopheharbour.com
www.christopheharbour.com

Set across 2,500 acres of natural bays, bluffs and beaches on St Kitts, Christophe Harbour is the Eastern Caribbean's ultimate homeport. This dynamic community features sophisticated residences, a beachside pavilion and a state-of-the-art superyacht marina at its heart. With 24 alongside berths for superyachts up to 65m Christophe Harbour is a refreshing alternative.

CONTACT: Darryl Matfin - dmattfin@kvh.com
www.kvh.com



KVH is the preferred brand of global communications and entertainment solutions for the world's most sophisticated superyachts. We are the only VSAT provider in the industry that manufactures and supports our own hardware, network, airtime, and licensed content, thereby enabling a seamless, one-stop solution for onboard connectivity, news, entertainment, and more. Our white glove concierge service is available 24/7/365 supported by our vast certified support network of field service engineers around the globe. Be certain to enjoy perfect connectivity for a perfect experience. Bring the best onboard with KVH.

CONTACT: Shawn O'Brien - shawn.obrien@flyissgmt.com
www.flyissgmt.com



ISS GMT is a travel agency dedicated to the maritime industry and is open 24/7/365. With marine contracts designed to provide competitive one way flexible airfares and with full access to a wide variety of published airfares, ISS GMT will present you the best routes at the best price.

CONTACT: Norina Edelman - nedelman@imm-yachting.com
www.imm-yachting.com



Premier yacht refit and repair company bringing European-standard repairs to the Caribbean, with its bases in Guadeloupe and St. Maarten. Able to complete the highest-quality technical repairs for even the largest yachts. IMM started in Europe, and was responsible for some of the largest scale refit projects on yachts 100+ meters. That same expertise is now available in the Caribbean, for any size requests, emergencies or planned maintenance. With its sister company, FKG, located in St. Maarten, IMM brings significant technical solutions in all domains.

CONTACT: Norina Edelman - nedelman@imm-yachting.com
www.fkgmarine.com



FKG Marine Rigging and Fabrication is the reference for rigging, metalwork and hydraulics in the Caribbean (and beyond!). Capable of providing all rigging-related equipment and services for any size yachts, FKG has a significant stock of ropes (including dock lines) and is able to provide certifications for any ropes required for cranes, tow lines, etc. FKG's metalwork department is capable of welding all materials (cupro, stainless steel, aluminium, steel) and creating even the most complicated parts with its full machining workshop. Finally, the hydraulic department is capable of troubleshooting the most complicated issues on any hydraulic system. With its full hose shop and large stock of materials, the hydraulic department can provide a refit and repair to any system.

CONTACT: Timothy Hamilton - tim@lurssenamericas.com
www.lurssen.com



German yacht-builder Lürssen has earned an international reputation as the No. 1 specialist in exclusive, custom-built yachts. The privately run company was founded in 1875 and remains solely in the hands of the 4th generation of the Lürssen family. With a workforce of 2700 Lürssen maintains eight state-of-the-art facilities in North Germany. Lürssen is a total facility shipbuilder for new construction as well as for refit and repair, complete with sales, engineering, design, construction and logistical teams plus a full training service.

CONTACT: Christian Bennett - christian@crew-glue.com
www.crew-glue.com



Crew-Glue has been specifically set-up for the Superyacht industry by qualified experts in the field of team development. Crew-Glue deliver facilitated events which focus on what is important and how to get things done as a team, providing tools, tips and techniques to manage self, others and time when the pressure is on. Crew-Glue is for the whole crew, it strips away hierarchies and concentrates on the people inside the uniform and behind the job title, giving everyone the opportunity to be heard and to agree on how to live and work together. Crew-Glue creates the strongest bonds. Welcome on-board.

CONTACT: Katie Ross - kross@quantumstabilizers.com
www.quantumstabilizers.com



Quantum is a privately held corporation that manufactures marine stabilizer systems for the yachting, military, and commercial markets. With three world patents secured, and the inventors of ZeroSpeed™, XT™ (extendable) fin units, Dyna-Foil™ and MAGLift™, Quantum has revolutionized the marine industry, adding unprecedented roll control for comfort at anchor and underway. Worldwide customers have benefited from the cradle to grave support including a comprehensive lifecycle maintenance program to optimize the performance and operation of the system. Since 1985, Quantum has been known for perfecting the art of stabilization and ensuring the comfort of passengers onboard.

CONTACT: Robbert Winnemüller - info@majesticbookings.com
www.majesticbookings.com



Booking artists for your events on board can be a daunting task. Choosing the right artist for your event is crucial followed by all the little details that goes into booking artists on board. When you are not sure or not familiar with the process artist bookings on board can become a major headache. Majestic superyacht artist bookings is the turn key solution for booking artists on board with more than 800 bookings per year we turn your event from good into an unforgettable guest experience.

CONTACT: Lu Kenhard - lu@liquidyachtwear.com
www.liquidyachtwear.com



Liquid Yacht Wear specializes in updated, fashion-forward and functional yacht crew uniform. Having catered to the yachting industry for over 20 years, Liquid has created its own brand of uniform to meet the needs of today's crew. Our mission is to help create unique and practical uniforms that are distinctive to each yacht's character; incorporating both Liquid's own uniform and other major brands.



CONTACT: Elliot Krauze - elliott.krauze@unitedadvisersgroup.com
www.unitedadvisersgroup.com

UAM cross borders to offer dynamic wealth management services to clients around the world. They provide a wide range of tailored wealth management services to individuals and businesses. Whether you're a captain, an engineer, or crew, UAM help you understand the financial benefits and planning strategies available to you while you 'live the dream'.



CONTACT: Petra Powers - membership@pya.org
www.pya.org

The PYA looks after the interests of yacht crew around the world. It is approved by the MCA to verify sea service and also provides accurate and impartial advice on certification, regulation and the rights of crew. It is committed to the highest professional standards in yachting.



CONTACT: Simon Relp - simon@theislander.net
www.theislander.net

As the only English language yachting magazine published monthly in the Mediterranean region, The Islander has a growing readership and a wide distribution network. Based in Palma it is well placed to source great content for its readership of crew and industry professionals in the Western Mediterranean including Antibes, Barcelona and Ibiza. With contributions from leading experts in diverse fields from marine ecology to crew welfare, every edition has something for everyone involved with the Superyacht industry.



CONTACT: Christiana Cairns - admin@ayss.org
www.ayss.org

AYSS is the only worldwide network of the world's very best superyacht agents and support service providers approved by Superyacht Captains. Their extensive experience and expert local knowledge ensures you will receive high quality shore support, port facilities and concierge services for your vessel, crew and owner.



CONTACT: St. Kitts Tourism - www.stkittstourism.kn

Rolling landscapes in a thousand shades of green. Shimmering aqua-blue waters lapping upon corrugated shores notched with secret white-sand beaches. The verdant peak of a towering volcano rising majestically above lush rainforests. Massive beds of offshore coral, teeming with fish of every stripe and color. What's not to love about the island of St. Kitts? Caribbean vacations don't get more breathtaking than this.

CONTACT: Nevis Naturally - info@nevisisland.com
www.nevisisland.com

Nevis is one of the most unspoilt and relaxing islands in the Caribbean. Vividly green with blue skies, clean air and long empty beaches, Nevis has a pace of life that encourages you to stop and appreciate all the natural beauty around you. It's a very special place famed for its charm and the easy-going genuineness of its people. Come and discover this remarkable jewel for yourself.



CONTACT: David Walywn - david.walwyn@fitwellnesscenter.com
www.fitwellnesscenter.com

We're here to listen, to help you set realistic goals, and to set up a program which is fun and beneficial. In our Studio, we offer an array of Aerobic classes for all levels of fitness such as HITT training, calisthenics, dance aerobics, power yoga, fitness yoga and outdoor boot camp training on our new built obstacle course. Massage, and Physical Therapy are available as well.

CONTACT: B.A.R.C. - barcstkitts@gmail.com
www.barcstkitts.com

B.A.R.C.

B.A.R.C.'s mission is to build a self-supporting animal rescue centre for dogs and cats. We will, through good health-care and rehabilitation, prepare them to thrive in home environments. We strive to build harmonious relations within the local community, and a place where citizens visit when they are ready to welcome pets into their homes.



CONTACT: Four Seasons Nevis - www.fourseasons.com/nevis

At Four Seasons, we believe in recognizing a familiar face, welcoming a new one and treating everyone we meet the way we would want to be treated ourselves. Whether you work with us, stay with us, live with us or discover with us, we believe our purpose is to create impressions that will stay with you for a lifetime. It comes from our belief that life is richer when we truly connect to the people and the world around us.

CONTACT: Coconut Farm - reggae.beach@hotmail.com
www.facebook.com/pg/coconutfarmskb

COCONUT FARM

Coconut farm is owned by Gary Pereira who also runs Reggae Beach Bar on Cockleshell Bay. The farm is fairly new with a variety of vegetables, fruit trees and herbs on offer. The farm also produces its own eggs and has a consistent supply. Each Saturday the host a farmer's market bring a number of other farmers on board along with local freshly made bread and pastries.

CONTACT: Cara Diskin - sistercara7@gmail.com
www.facebook.com/yogadivineskitts

YOGA DIVINE

Cara Diskin grew up on the West Coast of the U.S. in Eugene Oregon. She began taking Hatha yoga classes in 1997 and has continued studying, practicing and teaching for the last 20+ years. She continued studying Hatha yoga and then began to explore finding a love for the practice of Ashtanga yoga. In 2001, Cara began a more rigorous study, daily practice and certification with several Ashtanga teachers in Ashland Oregon. She then moved to Central America, where in Costa Rica assisted in opening a yoga and massage center, teaching bi-lingual Ashtanga classes. In 2006, back in Eugene Oregon, Cara started branching out and experimenting with other styles of yoga including Vinyasa Flow and Anusara. The focus on alignment in the Anusara philosophy resonated with her and she has continued to practice all of the styles of yoga, taking the principles of alignment into each. Her teaching has influence from all the styles she has studied over the last 20+ years, focusing on proper alignment to strengthen and heal the body, while flowing with grace and nature to open the heart and bring balance. Yoga is the uniting of the body, mind and spirit and this trinity connection is life changing! She loves teaching and feels education (of all forms) is the answer to a more peaceful, conscious and healthy world. She currently lives on the island of St. Kitts with her partner and 3 ½ year old son running her yoga business, Yoga Divine - For The Mind, Body and Spirit.

ACREW

ACREW MEMBERSHIP

ACREW Membership is a savings programme catering directly to the needs of a superyacht. It offers critical economical benefits across 4 main costs and covers 80% of those operational expenses excluding salaries. Using our database of over 12,000 captains and crew, a team of financial analysts used their expertise to analyse the yearly spending of a superyacht.

They concluded that berthing and refit, training, recruitment and operational running costs to be the main expenditures onboard. Working with various partners to source the best rates and solutions across these key areas, we designed the ACREW membership programme to combat these costs.

Contact Information: Paul Evans paul@acrew.com +352 691 318 935

MAJOR OPERATIONAL EXPENSES

<p>1</p> <p>BERTHING & REFIT</p> <p>Berthing is a necessary expense for a superyacht captain as are refit costs. The Membership programme helps you reduce these costs.</p>	<p>2</p> <p>TRAINING</p> <p>A successful crew consists of a well trained, skilled and motivated team. Training crew can be costly and therefore may not fully fit in a yacht's budget. We believe educated crew allow for a better team, an enhanced guest experience and less crew turnover and therefore reduced recruitment costs.</p>	<p>3</p> <p>RUNNING COSTS</p> <p>When running a superyacht, expenses are endless, with known and hidden costs the norm, the challenge is to get the best terms on every expense.</p>	<p>4</p> <p>RECRUITMENT</p> <p>Crew turnover on superyachts has risen in the past decade and therefore so has the time spent recruiting, the direct costs of recruitment, as well as the indirect disruption issues.</p>
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CONTACT: Carib Beer - askus@caribbrewery.com
www.caribbrewery.com



Also in 1960 and even further north, the St Kitts Brewery Limited was established. In 1997, the name of the company was changed to what it is today, Carib Brewery (St. Kitts & Nevis) Limited. It is the country's leading alcoholic beverages manufacturer with over 110 employees and is fully automated. The brewery manufactures and distributes Carib Lager, Stag Lager, Skol Lager, Guinness Stout, Mackeson Stout, Royal Extra Stout, Vita Malt, Giant Malt, Smalta, Ting Grapefruit beverage, Peardrella, Cidrella, Ginseng Up, Juicy Beverages, Smirnoff Ice and British American Tobacco products (BAT- Cigarettes).

CONTACT: Zach Brinley - gzachary@brinleygoldrum.com
www.brinleygoldshipwreck.com



Brinley Gold Shipwreck Rum is hand crafted on beautiful St. Kitts. The Brinley family, who first discovered St Kitts in 1986, began infusing rum with natural flavors in small batches in 2003 and selling by personally tasting and hand selling on Port Zante. The family's first flavor was Vanilla Rum ~ but they now offer Mango, Coffee, Lime, Spiced, and the wildly popular Coconut Rum Cream. Shipwreck Rum, as it's commonly known, has been named a "Rising Star" brand 2 years in a row by Beverage Dynamics and has won two "Top 50" Spirit awards by Wine Enthusiast! Although a tourist favorite on island, it can also be found in most states in the US, Australia, & Canada. The Brinley family is very proud to be shipping containers off island every month and getting the St Kitts name on liquor store shelves all over the world.



CHRISTOPHE
HARBOUR
ST. KITTs



www.acrew.com

[@acrewyachting](https://www.instagram.com/acrewyachting)